

BOWEL MOVEMENTS

Many babies will cry, grunt, strain, and make terrible faces when trying to pass a stool. This is a normal newborn behavior. The frequency of stool is not a good indicator of constipation because this varies with each baby. Perfectly normal babies may have a bowel movement with each feeding or some may go 2 – 3 days between movements. As long as the bowel movement is soft or pasty, the baby is not constipated.